

Contemplative Time

Do you yearn for rest, prayer and nurturing in your busy schedule?

What would your life look like if you gave yourself two retreat opportunities at the Center and six quiet afternoons during the year?

Silence, spiritual direction and *lectio divina* are available to aid your reflection.



Presenters & Spiritual Directors

Raphaella Cady, OSB

BA. major in Psychology, minor in Religious Studies

Julian Cleary, OSB

Retreat: Spiritual Director
Attorney at Law; Masters of Science in Nursing

Monika Ellis, OSB

Retreat and Spiritual Director
Masters in Education

Laura Swan, OSB

Retreat and Spiritual Director
Masters in Theological Studies
Masters in Church Ministry & Renewal

Anna-Camille Wooden, OSB

Retreat Leader; MA in Education
Commissioned Centering Prayer Presenter

Lucy Wynkoop, OSB

Retreat and Spiritual Director
Masters in Theology, concentration in Scripture
Masters in Theology, concentration in Monastic Studies
Certificates in Spiritual Direction & Supervision

Retreat - October 19-21, 2022

Retreat on Wednesday, 7:15pm - Friday, 1:00pm at the Center.

Retreat

Thursday, Oct. 20 Rhythms of the Day

Ch. 2 pp 15-28

9:00-11:30am

S Anna-Camille

A spiritual director will meet with you during your retreat time.



Retreat - March 15-17, 2023

Retreat on Wednesday, 7:15pm - Friday, 1:00pm at the Center.

Retreat—Creative Process

Thursday, March 16 Seasons of a Life Time

Ch. 6 pp 83-97

9:00-11:30am

S Monika

A spiritual director will meet with you during your retreat time.



Monthly Sessions:

Third Thursday, 1:30-7:15pm

The format will include contemplative quiet, spiritual direction, spiritual nourishment, and small group prayer during our 3:30-4:45pm reflection on Christine Valters Paintner's Sacred Time

September 15, 2022 Ch 1 S Raphaella
The Breath pp 1-13

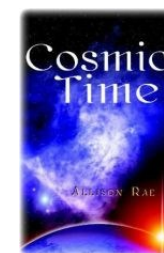
November 17, 2022 Ch 3 S Lucy
Weekly Rhythms & Sabbath Rest pp 31-47

January 19, 2023 Ch 4 S Monika
Waxing and Waning Lunar Cycles pp 49-63

February 16, 2023 Ch 5 S Julian
Seasons of the Year pp 65-81

April 20, 2023 Ch 7 S Laura
Ancestral Time pp 99-114

May 18, 2023 S Anna-Camille
Cosmic Time pp 117-129
Pp 143-153



My House Shall Be Called a House of Prayer

"And can my heart become the house of prayer
Where the silence of God softens the clamor..."

Costs and Registration Process

There are 2 options for Oasis: a retreat at the Center and a zoom hybrid retreat (participants who are present and participants who are on zoom).

The cost for a retreat at the Center which includes meals is \$1100.

The zoom hybrid retreat is \$800 (includes spiritual direction, a retreat at home and a presentation).

\$100 deposit due August 1, 2022 will be deducted from the cost of the either types of the program.

Payment options:

Optional plan

Pay in full by September 15, 2022

or Pay half by September 15, 2022 & January 19, 2023

If you need another optional financial plan, please contact Janice.

Please register online.

We take most major credit cards online.

We accept cash & check.

Your payments will be recorded and you will receive an emailed statement.

Register early to secure your place.

If you are unable to register online, kindly contact Janice at the Priory Spirituality Center.

The Priory Spirituality Center

**500 College Street NE
Lacey, WA 98516-5339**

Phone: (360) 438-2595

E-mail: prioryprograms@stplacid.org

www.stplacid.org

Directions

Traveling South on I-5

- Take **Exit 109**
- Right onto Martin Way
- Right at next light onto College St. NE
- Right at the second driveway on the right

Traveling North on I-5

- Take **Exit 109**
- Left onto Martin Way
- Right at second light onto College St. NE
- Right at the second driveway on the right



Monika Ellis, OSB



Raphaella Cady, OSB



Laura Swan, OSB



Lucy Wynkoop, OSB



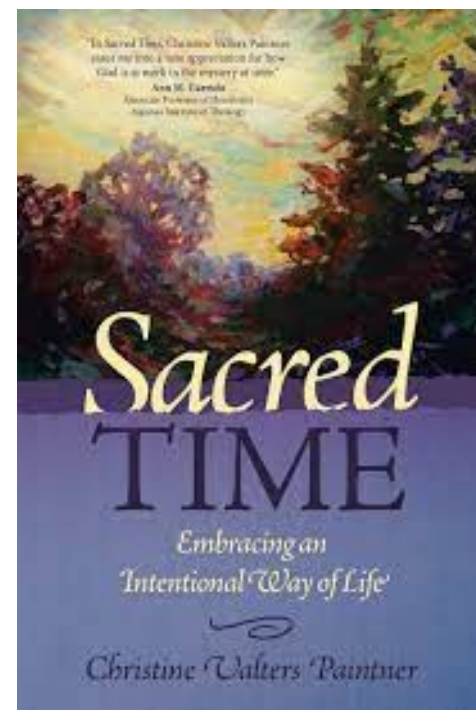
Julian Cleary, OSB



Anna-Camille Wooden, OSB

Oasis 2022-2023

Contemplative Time on Thursdays



BENEDICTINE
SISTERS *St. Placid Priory*

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