

Each presenter will gift you with:

- His/her/their own story about the prayer practice she/he/they is presenting
- Understanding how to pray the prayer practice
- Some suggestions for how to use the prayer practice in a presentation to others
- Handouts for prayer teaching
- A group practice of the prayer

To register: Prayer Practices link

<https://stplacid.org/programs/2550/prayer-practices-certification-program/>



The cost of the Prayer Practices Certification Program is \$240

Please pay by Credit card on the program link above or

Send a check to
The Priory Spirituality Center
500 College St NE/Lacey, WA 98516

Contact Janice at 360-438-2595 for a payment plan



Dates for the Certificate Program

Mondays 1-3pm on Zoom

09-16-24 Lectio on Life: Paz Vital, OSB

10-21-24 Musica Divina: Jerry DeVore

11-18-24 Praying with St. Therese of Lisieux: Katie Callahan

01-20-25 Praying with Liturgical Seasons: Anna-Camille Wooden, OSB

02-17-25 Buddhist Prayer: Sonja Weber, OSB

03-17-25 Praying with a Mandala: Monika Ellis, OSB

04-17-25 Praying with Visio Divina: Janice Ariza

05-19-25 Contemplative Prayer: Lucy Wynkoop OSB



Prayer Practices Certification Program



BENEDICTINE
SISTERS *St. Placid Priory*

The Priory Spirituality Center
500 College St NE
Lacey, WA 98516-5339
360.438.2595
prioryprograms@stplacid.org
www.stplacid.org



Prayer Practices is a certificate program to explore a wide variety of ways to approach a prayerful life. You will be able to learn to connect with the sacred in diverse ways in order to help guide others. If you are a spiritual director, pastor, pastoral counselor or work in a ministry, different prayer practices enrich your work with others. It is an opportunity to be grounded in your own practice and get to know new ways to let that personal prayer experience permeate your entire life. Each presenter will share how his/her/their own prayer practice has touched his/her/their own life(s).

Presenters' short bio:

Sister Monika Ellis: MA in school administration, concentration in counseling; Spiritual Direction Certification, 2009, Retreat Facilitator; Artist and Arts Instructor in various media; Composer and text writer of hymns; Listening with the Spirit, Year 1-2 Facilitator and Prayer Practice facilitator.



Sister Anna-Camille Wooden: Trained facilitator for Centering Prayer Contemplative Outreach; Spiritual and Retreat director, Prayer Practice facilitator.



Sister Lucy Wynkoop
MA Theology/Concentration in Scripture; taught all types of prayer in former programs and feel grounded in God's love by them.



Sister Sonja Weber
Lived in the traditions of Eastern Spirituality and is interested in religions from around the world. She appreciates sincere seekers of all backgrounds, faiths and religions, as well as those who belong to none.



Sister Paz Vital
MA Theology and Ministry at Catholic Theological Union, Vocation and Spiritual Directress. Retreat and workshop presenter, Pray Practice Facilitator.



Janice Ariza
Has a degree in Religious Studies, worked in a museum, has been offering Visio Divina programs once a month with art pieces on zoom and is a lover of art.



Jerry DeVore
is a licensed psychologist, Robert Moss's dream master training, an approved consultant in clinical hypnotherapy and a board certified biofeedback therapist. He has a regular meditation practice and facilitates dream work for personal growth. Jerry loves music, playing guitar since he was 19. He played in a church band for several years. In the last few years, he has added ukulele and bass guitar.



Katherine Callahan
Taught religious education in the Pittsburgh and Boston Diocese and is now teaching Rite of Christian Initiation adults.

