

## Contemplative Time

Do you yearn for rest, prayer and nurturing in your busy schedule?

What would your life look like if you gave yourself two retreat opportunities at the Center and six quiet afternoons during the year?

Silence, spiritual direction and *Lectio Divina* are available to aid your reflection.

## Presenters & Spiritual Directors

### Sister Laura Swan, OSB,

Writer and spiritual director, author of numerous books, including *The Forgotten Desert Mothers* and *The Wisdom of the Beguines*



### Sister Paz Vital

MA Theology and Ministry at Catholic Theological Union. spiritual Director. Retreat and workshop presenter.



### Sister Sonja Weber

Lived in the traditions of Eastern Spirituality and appreciates the earnest seeker within all expressions of faiths and religions.



## Monthly Sessions:

Third Thursday, 1:30pm—7:15pm

**Feb 19: Ch 5** Sister Julian

*The Compassionate, Fierce, Dark Feminine*  
pp 99-121



## Retreat March 18-20

Wednesday, 7:15pm - Friday, 1:00pm at the Center

**A spiritual director will meet with you during your retreat time.**

**Mar 19: Ch 6** Sister Monika

*The Transformative Mythic Journey* pp 123-146



Christine Valters Paintner

## Monthly Sessions:

Third Thursday, 1:30pm—7:15pm

The format will include contemplative quiet, spiritual direction, spiritual nourishment, and small group prayer during our 3:30pm—4:45pm reflection on Christine Valters Paintner's *A Midwinter God: Encountering the Divine in Seasons of Darkness*

**Sep 18: Ch 1** Sister Laura

*The Gift of Winter and Darkness.* pp 1-25

## Retreat October 15-17

Wednesday, 7:15pm - Friday, 1:00pm at the Center

**A spiritual director will meet with you during your retreat time.**

**Oct 16: Ch 2** Sister Paz

*Spiritual Bypassing and Shadow Work*  
pp 27-56

**Nov 20: Ch 3** Sister Sonja

*Grief as Holy Path* pp 57-79

**Jan 15, 2026: Ch 4** Sr. Anna-Camille

*The Apophatic Path or Way of Understanding.* pp 81-98



## Presenters' short bio:

### Sister Anna-Camille Wooden:

Trained facilitator for Centering Prayer Contemplative Outreach; Spiritual and Retreat director.



### Sister Julian Cleary:

Spiritual and retreat Director, advocate for justice issues; practices feline divina daily.



### Sister Monika Ellis:

MA in school administration, concentration in counseling; Spiritual Direction Certification, Retreat Facilitator; Artist and Arts Instructor; Composer; Listening with the Spirit Facilitator.



## Costs and Registration Process

There are 2 options for the Oasis Zoom hybrid retreat: a retreat in person at the Center, or a retreat via Zoom (hybrid = some participants are in person and some participants are on Zoom).

The cost for the retreat at the Center, which includes meals, is \$1,460.

The Zoom retreat is \$990 (includes spiritual direction, a retreat at home and a presentation).

**\$100 deposit due August 1, 2025** will be deducted from the cost of either type of the program.

### Payment options:

Pay full by September 11, 2025

Or pay half by September 11, 2025 & balance by January 15, 2026

### To register:

Scan QR code or visit  
[stplacid.org/spirituality-center](http://stplacid.org/spirituality-center)

Or call **360-438-2595**

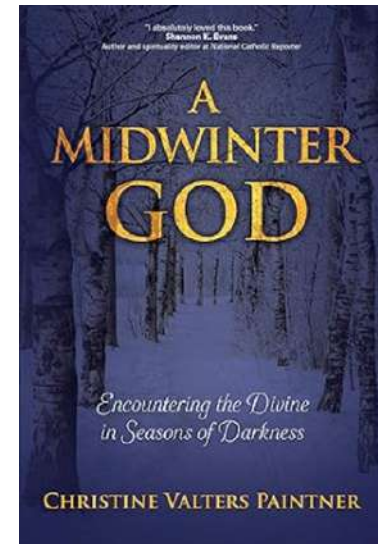
Priory Spirituality Center  
500 College St NE/Lacey, WA 98516



If you need a payment plan please Contact  
Janice at 360-438-2595

# OASIS

## Contemplative Time on Thursdays



## 2025 -2026

BENEDICTINE  
SISTERS *St. Placid Priory*

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Lacey, WA 98516-5339

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